

Rooster Spinning

	WEEK 28	WEEK 29	WEEK 30	WEEK 31	WEEK 32	WEEK 33
Ma	9:15	9:15	9:15	9:15	9:15	9:15
	18:30	18:30	18:30	18:30	18:30	18:30
	19:30	19:30	19:30	19:30	19:30	19:30
	20:30*	20:30*	20:30*	20:30*	20:30*	20:30*
Di	18:30	18:30	18:30	18:30	18:30	18:30
	19:30	19:30	19:30	19:30	19:30	19:30
	20:30*	20:30*	20:30*	20:30*	20:30*	20:30*
Wo	9:15	9:15	9:15	9:15	9:15	9:15
	18:30	18:30	18:30	18:30	18:30	18:30
	19:30	19:30	19:30	19:30	19:30	19:30
	20:30*	20:30*	20:30*	20:30*	20:30*	20:30*
Do	18:30	18:30	18:30	18:30	18:30	18:30
	19:30	19:30	19:30	19:30	19:30	19:30
	20:30*	20:30*	20:30*	20:30*	20:30*	20:30*
Vr	9:15	9:15	9:15	9:15	9:15	9:15

* 20:30 uur lessen zijn dvd les

Week 28 + 29 = 12 juli t/m 25 juli

Week 30 + 31 + 32 = 26 juli t/m 15 augustus

Week 33 = 16 t/m 22 augustus